



# A Story Worth Telling



SPRING CALENDAR  
2023

Watch Tuesday & Saturday  
emails and [TrinityLongLake.org](http://TrinityLongLake.org)  
for details.

*Worship with Us!*

Sunday 9am  
Wednesday 6:30pm (thru Mar 29)  
Wednesday 6pm (April 12)

**Lenten Wednesdays**

March 1-29  
Worship 6:30pm  
Dinner 5-6:15pm

*Holy Week*

**Maundy Thursday** | April 6  
Worship 11:30am (lunch to follow)  
Worship 6:30pm  
(Includes First Communion)

**Good Friday** | April 7  
Worship 6:30pm

**Easter Sunday** | April 9  
Worship 9am  
Festival Worship 10:30am

**NEWSLETTER TEAM**

**EDITORIAL**  
Jeri Miller  
[Jeryl@TrinityLongLake.org](mailto:Jeryl@TrinityLongLake.org)

**ART DIRECTION**  
Cari Bullemer  
[CariB@TrinityLongLake.org](mailto:CariB@TrinityLongLake.org)



[TrinityLongLake.org](http://TrinityLongLake.org)  
952.473.8577



**A DEVOTION BY PASTOR ANN**  
**Holy Land**

*I am beyond excited about the upcoming trip to the Holy Land this October. Whether this is a trip you've been considering or you're making plans to go, Pastor Adam and I can wholeheartedly promise that when you've been to the Holy Land and seen the places you've only ever heard about in the Bible, not only will it enrich your life of faith, it will forever change how you hear and "see" scripture. I still remember being struck by how stark and hilly the Judean wilderness appeared, how rocky the terrain was as we traveled north to Capernaum, how peaceful it was to sit at the shore of the Sea of Galilee where Jesus commanded Peter to feed and tend his flock and reaffirming my baptism at the Jordan River. There is so much to take in!*

*Of course, the issues surrounding modern-day Israel-Palestine are complex and bring up many questions. As with any journey, having even a small understanding of the places and*

*sites to be visited will allow for a richer experience. While there are countless books written about the Israeli-Palestinian conflict, here are several I have read that I commend to those who plan on traveling with us, as well as those who will remain here at home, supporting the group through prayer:*

***Bethlehem Besieged***  
(2004) by Rev. Dr. Mitri Raheb,  
who is pastor at Bethlehem's Christmas  
Lutheran Church

***The Israeli-Palestinian Conflict:  
Tough Questions, Direct Answers***  
(2013) by Dale Hanson Bourke

***If a Place Can Make You Cry***  
(2002) by Daniel Gordis

***Blood Brothers*** (2022) by Elias Chacour.

*Pastor Adam and I look forward to walking with you in the footsteps of Jesus!*



SCAN CODE TO  
LEARN MORE

**SHIFT**

Jeri Miller,  
Congregational Life  
[Jeryl@TrinityLongLake.org](mailto:Jeryl@TrinityLongLake.org)

**March 19 | Christina Carleton**, Executive Director Norway House



Christina is a relationship builder, hockey mom and storyteller. We are looking forward to hearing how she has cultivated connections between Minnesotans and Norwegians, bringing new industry to our state.

**April 16 | Bill Sherck**, Minnesota Bound

Bill is a member of Trinity and host of the popular show on KARE 11.



In addition to our in-person SHIFT programs we are in the process of producing **SHIFT as a podcast!** We will bring you new content as well as highlights from our in-person programs. Stay tuned for our releases.

# A Story Worth Telling



*Adam Paul*

Pastor Adam

Stories haven't always existed like they exist for us today. One need only step foot in a library or peruse the digital listings of an online retailer to be overwhelmed by the seeming endlessness of stories at our fingertips. That's not to say stories didn't exist long ago, we know that. And we may have more now but the printing press and an increase in global population explains that. The obvious truth is that stories exist as long as there are people to tell them, and these stories inform all of our collective human history.

In his book entitled *A Walk Through the Bible*, Lesslie Newbigin begins here by referencing the Bible in European culture. "For at least a thousand years," he writes, "the Bible was, for practical purposes, the only book known to people in Europe." For many of those years it existed only in readings, preaching, worship, art and music – all, pretty much, except for in print. "The story told by the Bible was the story by which people understood the meaning of their lives."

This remains the invitation of the Bible today – it may be for us the history of the human story in which we find ourselves. And *that* is a story worth telling.

For us, though, it's not the only story. As Newbigin references in his book, the Bible doesn't call us away from our everyday story into something else. Instead, it offers us a new way of seeing our existing story by sending a teacher and a savior to share that story with us. In essence, we come to new life and meaning in our lives by hearing this story and sharing it with one another.

Our goal for the season of Lent this year is to do exactly this – hear and share the stories worth telling. We'll tell the story of Lent through the story Jesus unfolded among us. Also, we'll turn to members of our own community to tell their stories, with the belief that we are better for knowing each other's stories. If it's true that we find the meaning of our lives through the stories we tell, beginning with the stories in these pages, we hope this season is one where we more fully come to know ourselves.

The Bible is *our* story. It is also the story of the history of all of humanity and includes so many more stories than just our own. We are better for knowing these stories, which is why we all have **a story worth telling.**

**The Bible is *our* story.**





**FEBRUARY 3 & 4  
BOHLANDER BARN  
IN ORONO**

TRINITY WOMEN  2023  
**WELLNESS | RETREAT**

**A REFLECTION** | By Gail Bollis



It was my first retreat at Trinity. I was a little apprehensive at first as I didn't know quite what to expect and I was concerned that I wouldn't know anyone there. I am usually not a joiner at an event but rather feel more comfortable being the organizer and having a lot of responsibility and a lot of jobs to do. Actually I think this is an excuse to not interact with people and keeps me from feeling uncomfortable.

Lately I have been trying to overcome my fears as simple as they may be and try different things as my life has changed so much after the passing of my husband. This retreat gave me the opportunity to try something new. The speaker of the retreat (**Dr. Jenny Severson**), the wonderful organization of our hostesses, delicious food, and the beautiful facility and of course the welcoming group of ladies that attended made me feel very comfortable. I felt so comfortable that

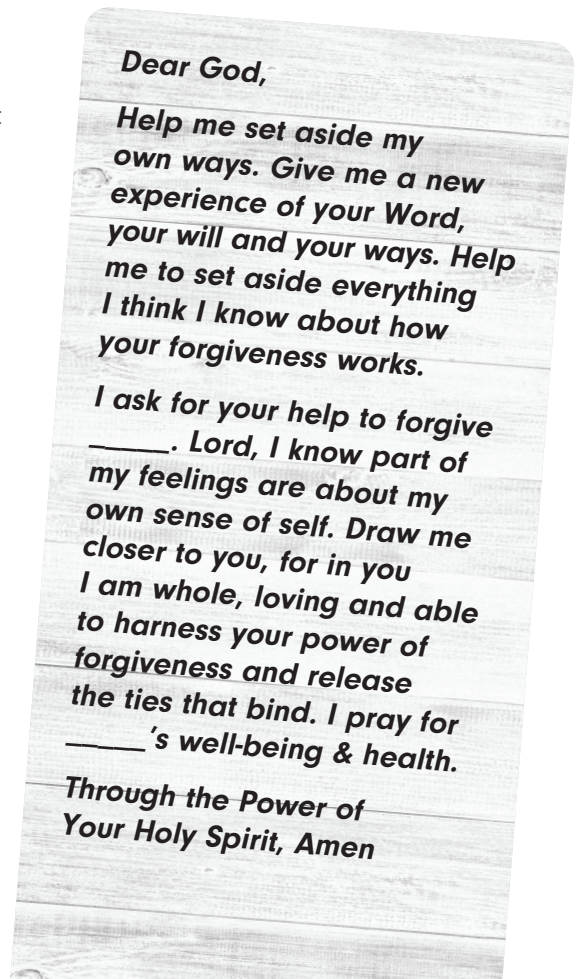
I was able to share stories and feelings I had. I enjoyed the fact that there were women of all ages and it was casual.

I learned tips to help me cope with my new life all within a Christian context while also reaffirming some of the things I was already doing. We learned from Jenny but also from each other. I enjoyed the interaction with the other ladies which Jenny made so easy through her group activities.

I think most importantly it opened up the opportunity to attend more Trinity events and gave me some good tools to feel comfortable enough to attend alone in the future. I would encourage anyone who was thinking about attending a future retreat to try it, it was certainly a rewarding experience for me. Thank you Trinity Women's Ministry.

**Was there any one thing that stood out to you that you plan to implement?**

Yes, the *forgiveness prayer*.



*Dear God,*

*Help me set aside my own ways. Give me a new experience of your Word, your will and your ways. Help me to set aside everything I think I know about how your forgiveness works.*

*I ask for your help to forgive \_\_\_\_\_. Lord, I know part of my feelings are about my own sense of self. Draw me closer to you, for in you I am whole, loving and able to harness your power of forgiveness and release the ties that bind. I pray for \_\_\_\_\_'s well-being & health.*

*Through the Power of Your Holy Spirit, Amen*

## TRANSFORMING OUR HEARTS

By Dr. Jenny Severson,  
TW Wellness Retreat facilitator



### Why the forgiveness prayer?

Many times in our faith journeys (as regular human beings) we stumble around fear, resentment. These triggered emotions could be for minor or major offenses from people we know very well...in our family or people at work or acquaintances, or even someone at church!

There is an old spiritual axiom that's says "*when I'm disturbed it has more to do with me than the other person*". So thankfully we can turn to prayer.

When I take action myself to pray inwardly for that person's health, prosperity, happiness, and well-being, and that they be given everything they need -- even if I don't mean it at the start, I will be released from the resentment. By posturing my prayer it begins to thaw the ice in my heart. As I turn to God and find relief, GOD can find a way to make things new and transform my heart.

Pray this prayer daily for two weeks and watch the resentment melt away.



## THANK YOU!

... to all who attended the retreat - for setting this time aside for yourself, opening up your hearts and bravely sharing with one another!

... to our incredible event planner Kari Newell!

... to Laura Bohlander & Family for allowing us to use your beautiful 'barn' - it was warm, inviting and more than we could have asked for.

Love you ladies,  
Cari Bullemer | CariB@TrinityLongLake.org

P.S. I'm honored to have served as the Womens Ministry Coordinator since 2017; I adore this community and all the awesome connections I've witnessed and made. Thank you!



# TRINITY Women

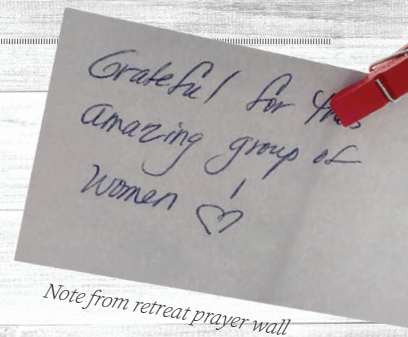
MOMENTS THAT MATTER  
*faith / fellowship / service*

## TRINITY ANNOUNCEMENT

It's with great excitement that we inform you that **Cari Bullemer** has accepted a new role on our staff team as our part-time *Marketing & Design Coordinator*. We're thrilled she's going to continue sharing her expertise with us in this newly focused role. Having her in this role will significantly improve our functioning as a whole church.

One thing that will gradually change is Cari's leadership of **Trinity Women** as we move toward a more lay-led model of **specialized ministry**. Cari deserves immense gratitude and praise for her development of that ministry over the years. She will remain a guiding support for that ministry in the months ahead.

Please join us in congratulating Cari on this exciting new opportunity for her!



*Note from retreat prayer wall*

### Tuesday, March 7 | 6:30pm

Trinity's Fireside Room

The Womens Ministry is transitioning into more of a lay-led format. Let's keep this amazing ministry moving forward beginning with a leadership team of 5-7 women to steer the future of this great ministry (1-2 year terms). Cari Bullemer will be acting as the TW liason for the team.

Please consider being a part of this exciting change and join the **Round Table** discussion to learn more. This is a great opportunity to connect with other women and serve!

## 2023-2024 registration is now open for children 33-months to PreK!

Contact Kelly to set up a tour and learn all about this wonderful preschool.



## Blending Perfectly

By  
Lisa  
Choiniere,  
Preschool  
Teacher



### Lisa shares her approach into teaching Afternoon Enrichment:

There might not have been a more perfect blend of preschool literacy, science and cooking fun than the afternoon we spent with Grumpy King Derwin and his Oobleck. We began by reading a simplified version of Dr. Seuss's *Bartholomew and the Oobleck* and were immediately curious about our ability to create a new form of precipitation. *Could we? Can we? Should we?*

**Literacy:** Listen carefully to the story, understand the problem and accept the challenge (usually with enthusiasm and excitement!) Lots of opportunity for learning BIG vocabulary words that are

fun to say and more fun to understand.

**Cooking:** Ingredients are provided by the teachers but kids measure and mix and discuss what is happening. *Can we change the properties of the Oobleck? How can we make it thicker, thinner, greener?* Start by following a recipe but absolutely use your smart brains and big imaginations to change things up! Use measuring cups. Count. Scoop. Cut. Whisk. Divide and share. Cooperation with friends happens naturally and is delightful to observe.

**Science:** King Derwin wanted his Oobleck to fall from the sky. Kids set up their kingdom and determine how to make the concoction fall from above to the kingdom below. *Assess! What is*

*Oobleck? Why is it a solid and a liquid? Was this a good idea? Is the Oobleck causing trouble? What would YOU do if you were king?*

**Conclusion:** Quick discussion and lots of time for hands on play! Stories spark our imaginations. Cooking often has recipe rules that can be given a switcheroo. Scientists ask questions and search for answers. The afternoon with King Derwin resulted in ridiculous amounts of giggles and incredible amounts of learning.

**Trinity's Afternoon Enrichment program includes** Alphabet Adventures, Afternoon Art Club, Book Club, Cooking, Fun Fitness, Science and whenever the weather allows, lots of outdoor fun.

# MUSIC MINISTRIES

## SUNDAY FAMILY CHOIR

Mark Hemingway, Director of Worship & Music | MarkH@TrinityLongLake.org

As Music and Worship Director, I've always felt very blessed to work with a congregation that values and supports the importance of sharing and nurturing faith with all generations. Trinity can be very proud of their efforts to foster spiritual growth, and the importance of developing church habits in our youth and young families. While we all understand the incubation for this growth starts in the home, it is only through the generous support, encouragement, and resources of the generations that have come before us, that the church assist in growing a life of faith. I was fortunate as a child growing up in a small town in southern Minnesota to be surrounded by a family and church who provided such an environment for me. I know many of our older members experienced the same in their formative years; that is how they have come to understand the importance of carrying on such a legacy. Thank you, know that your leadership and support are greatly appreciated by all.

Trinity is starting a new venture in our

Music programming to continue on this path. While we currently offer a **Youth Choir** (grades K-5), and **Trinity Choir** (Adults) for singers to share their vocal gifts, there are a number of people who cannot participate on Wednesday evenings for rehearsal. Thus was born, the **Sunday Family Choir**.

This ensemble will rehearse on Sunday mornings following worship, and help lead worship on Sunday mornings as we have things prepared. There are no auditions, no age limitations, no attendance requirements. We will gather young and old, parents, children, grandparents, teens, and prepare songs that we can share in worship with our Trinity Family.

Our dream is to create a multi-generational choir, where we share the joy of music, fellowship, and faith with each other and our congregation. **Please drop by the music room on Sundays at 10:10 and find out how you can be part of this venture. Rehearsals will last only 20 minutes, and yes, a 5-year-old can be part of this!**



### COUNCIL PRESIDENT CORNER

When I was a kid, I loved to read the books from the series **"Choose Your Own Adventure"**. I liked them because you could choose a direction and if you didn't like the way the story was going, you could change your mind and find a different ending. With the season of Lent upon us and the theme of stories, I remembered that we each have a story that is uniquely ours. If we don't like how our story is going, we can change our mind and change the direction of our story. I have been excited about how my life story has changed by getting involved with Trinity's story. **How will Trinity and the exciting story of our future fit with yours?**

Adam Holmes,  
Council President

## TRINITARIANS

Ron Schulte | 763.473.9633 or ronaldasch@msn.com

### UPCOMING EVENTS

April 20 | Speaker **Dr. Tim Mueller**

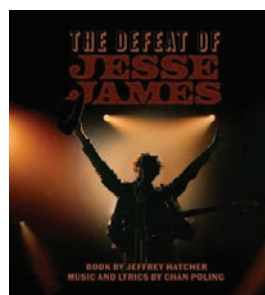
April 27 | **Incident at Our Lady of Perpetual Help**  
Sidekick Theatre

May 11 | **Defeat of Jesse James**  
History Theatre

June 3 thru Feb 2024 | **Million Dollar Quartet**  
Old Log Theatre

Starting June 16 | **Jersey Boys**  
Chanhassen Theatre

All are welcome. Contact Ron for details.



# OUTREACH MINISTRY WAYS TO SERVE

Jill Cornell, Shared Ministries Director | JillC@TrinityLongLake.org



By Andrea Weinreb

When my family moved from Florida to Minnesota a decade ago, I promised my young children we would get a dog. At the time, I couldn't fathom how I would care for a dog *and* two children under four. When I learned more about Can Do Canines and its mission, I realized that fostering an assistance dog-in-training might be the perfect

solution. Little did I know how much that "bribe" of a dog would impact our family.

We got our first foster dog, Paisley, and were immediately in love - with her and **Can Do Canines!** We couldn't believe Can Do Canines would **GIVE** us a sweet, lovable puppy, at no cost, with reliable help at every turn. It seemed too good to be true. But there was a catch -- we would eventually have to give Paisley back so she could complete her training as an assistance dog.

When the time came to return Paisley, I explained to my children what



Paisley would do as an assistance dog and how our family was a part of creating a very special gift that would change the life of a future client. There were tears, of course, but there was also a small understanding that someone in the world needed Paisley more than we did. In the years since we had Paisley, we have **fostered over 70 dogs for Can Do Canines.** Fostering has become a family mission that has changed the lives of countless clients *and* my family.

The waiting list for Autism Assist Dogs can be as long as 3-4 years because of the unique skills and temperament required for this special kind of dog. **We are partnering with Can Do Canines in the hopes of having a group of 6-8 families from Trinity who would help train and condition these dogs to live with children/young adults.**

Dogs are completely supported in this process with no cost to the family. If you are interested in learning more, contact Jill.



## *Simpson Shelter Serving*

Starting in March, we are moving to serving a monthly lunch or dinner on a weekend day. Our next time to help is **Saturday, March 11 10:30am-1:30pm.** This is a great way for families or individuals to serve.

**SATURDAY, MARCH 5 | 10-11AM**

## *A Call to Serve Event*

An event for all ages in the Great Hall. There will be a variety of family-friendly service projects. Refreshments will be served downstairs, too.



**THURSDAYS, MARCH 23 & APRIL 27**

## *Monthly Community Meal*

Join us for an upcoming meal or sign up to help when Trinity is hosting in March.



# thrivent®

## *Thrivent Action Teams*

**Are you a Thrivent Member?**

You may qualify for two Thrivent Action Teams annually; each is \$250 seed money to use for a project (service, fundraising or education) and will spread Trinity's budget dollars further. Please let Jill Cornell know if you are a Thrivent member and are willing to use your Action Team on a project or ministry area of Trinity.

*Upcoming weekly emails and bulletins will provide further details and sign-up information or contact Jill.*



# LENTEN OFFERING

*Directed to basic needs*

*“It’s like a family friend you can (visit) whenever you feel like you needed something,” says one Plymouth mother of using Interfaith’s food shelf. “I know I’m not going to get judged.”*



During 2021, 3.7 million visits were made to food shelves in Minnesota. Did you know that Trinity supports two local food shelves; **Interfaith Outreach and WeCan**? These two organizations help people in our local communities experiencing food insecurity.

## WHAT IS FOOD INSECURITY?

It is when people’s access to adequate food is inconsistent and limited by financial means and other resources. When households are experiencing food insecurity, choices are made on where to spend money and many

times the food families can afford is of reduced quality, variety or desirability with fresh foods not much of an option. COVID has caused an increase in households with food insecurity as well as inflation and food costs.

For many people who reach out to **Interfaith** or **WeCan** for help, their first contact and support comes from the food shelf. This Lenten season, we are focusing on supporting these two local organizations **collecting both financial and physical donations**. We are directing a portion of our donations to **Salem Lutheran Church**, our partner church in Minneapolis, who is trying to help families stretch their dollars by offering basic items at the weekly community meal.



## HOW TO GIVE:

- Pick up a bag with list in our Gathering Space and **SHOP MOST-NEEDED ITEMS**: toilet paper, paper towels, Kleenex, toothpaste, feminine hygiene items  
**OTHER ITEMS**: cereal, canned meat, pasta sauce
- **SCAN CODE**
- **Text LENT** to Trinity
- Drop off **CASH/CHECK** Indicate Lenten Offering
- All donations are **due by April 2**



*“The food shelf is very important to me, especially with the way grocery prices are soaring,” said another Interfaith client, a senior in Wayzata. “It’s helped tremendously to receive IOCP’s regular delivery and know I can get through the month financially,” she says.*

## MEAL MINISTRY

Stacey Royal | SRoyal@PhatMinds.com AND Jill Cornell | JillC@TrinityLongLake.org

Trinity’s Meal Ministry started in the spring of 2022. Six women from Trinity spent time in the Great Hall kitchen assembling Lasagna, Baked Ziti, Chicken Noodle and Tomato soup. The goal was to provide the outreach team and the pastors the ability to bring a meal to someone when they visit. An additional outreach for our members. We had a few more Trinity members bake cookies, breads and other meals that helped keep the freezer full

throughout the year. Jill Cornell was the main contact person and people would reach out to her directly to drop off food or pickup food to deliver to members of Trinity. In December, six Trinity members got together to make two Sunday meals for residents of Saint Anne’s Place in Minneapolis. Over 15 meals were delivered throughout the year to Trinity families, and over 100 people were fed at the St. Anne’s Place shelter through this ministry in 2022.



This ministry does not meet regularly, but we are always looking for help in purchasing items, preparing meals, or delivering food. If you are interested in participating, contact Stacey or Jill.

## SPOTLIGHT ON GRADUATING STUDENTS



A graduating senior this year is **Zara Coakley**. Zara has been involved in many of Trinity's programs. You may have noticed Zara on Sunday mornings as she is often at the sound/video booth making sure our worship is impacting lives in the sanctuary or at home through our online ministry. She has been an active student in both our middle school and high school programs.

We were able to ask Zara some questions about her experience at Trinity as she looks forward to graduating this Spring.

### **What is a memory you will cherish of Trinity as you prepare to graduate and begin college?**

*A big memory of Trinity for me is working at the snack station for VBS with **Connie Francis**. I've been a snack leader since 6th grade, being in charge of all things lemonade is always a really fun way to start off the summer.*

### **Is there a ministry at Trinity that left an impact on your faith life?**

*I really enjoyed confirmation on Wednesday nights in middle school, especially small group time. I had a fun and really nice group, and I always loved when we shared the highs and lows of our*

*weeks, in addition to exploring our faith.*

### **Share a little bit about the relationships you've developed at Trinity?**

*I've appreciated how Trinity has given me access to safe spaces/people who I can talk to openly about my faith. I think one thing that was really valuable to me was the mentorship program. I had **Charleen Baller** as my mentor, and I enjoyed getting to know her and having discussions about our faith together. I think it's really cool to be able to get comfortable talking to an adult other than my parents about my faith, and I think that's really helped me feel comfortable talking more openly with other adults.*

### **What would you say to someone who may be interested in learning more about our church?**

*I think Trinity has a really strong and welcoming community. I would tell someone who doesn't go here but who's interested in joining the community that all they have to do is sign up for a few of the many things going on at Trinity, and they'd quickly meet a lot of nice people who are happy to welcome them into whatever they're working on.*

*Trinity is always full of life-there are always a bunch of events going on and people who are excited about running these events and bringing Trinity's community closer together.*

### **What is next for you as you graduate from Orono H.S.?**

*I'm going to be going to school in the Boston area to study engineering (I'm not sure exactly which school yet, or which type of engineering).*

If you get the chance, let Zara and Hugo know you appreciate them and their ministry here at Trinity. Please pray for them and all our graduating seniors as they are making plans for the years beyond high school.



Our second senior profile is **Hugo Holmes**. Hugo has been a part of Trinity since he was little. He's grown through the years, but his hairstyle has remained consistent. This is perhaps why he remarked, "everybody knew my name." Like Zara, Hugo has been involved in our audio visual booth. He's also done work on SHIFT, everything from set up to microphone positioning. "I will carry the memory of dancing to the songs from Vacation Bible School and Confirmation."

Hugo is quick to lend a hand and has gotten to know many people through the years. "Trinity is a fun place." He describes his time here as 'one big family.'

And his plans? "This summer I am going to boot camp for the **Army National Guard**. I will be based in Fort Benning, Georgia."

*Hugo and Zara we wish you God's blessings on your futures.*

*We thank you for your engagement and service!*

*And we love you very much.*

## MIDDLE SCHOOL MINISTRY CONFIRMATION MENTORING

Jason Folkerts, Director of Faith Formation | JasonF@TrinityLongLake.org



During Lent our middle schoolers are mentored for four weeks. Meeting after Wednesday night worship

for twenty minutes students will sit down with an adult mentor and spend some time discussing what they learned during worship and a little bit more about each of their faith walks. Mentoring is an ancient tradition that has made a considerable impact on the church through many generations. Mentoring is directly connected to discipleship, through discipleship practices we learn to love and follow Christ, becoming more like him in our attitudes and actions. Mentoring is one of the best ways to deepen our relationship to the Lord, it is found all through scripture in a variety of expressions, most notably with Paul mentoring others to further the work

of the growing church.

I Thessalonians 2:8 says, *“because we loved you so much, we were delighted to share with you not only the Gospel of God but our lives as well.”* As adults in the church one of the great joys we have is to impart upon the next generation the love of the Lord and the walk of our lives. Sharing our journey with younger believers is profoundly important for the health of the church body and for our own joy and purpose. If you talk with individuals who have been mentored or mentored others, you will see that the relationship bond that was formed continues for many years to come. Students who experience mentoring will often in turn mentor others as they grow older, realizing how valuable it was to them and the faith.

Through a series of simple questions, our students and their mentors will be able to share their views on important life topics and explore

scripture that relates to the Lenten evening theme, they also get a chance to pray together to encourage the week ahead until they meet again. It is a foundational month for our confirmation program, mentoring takes it to the next level. Students who are mentored have a renewed appreciation for the weekly gatherings that incorporate both small and large group experiences and the leaders of our small groups see the difference it makes in students' questions and attention to spiritual matters.

We want to encourage any adult who has an interest in mentoring a student to let Jason know, you can email him for more information. Most of the students in our program will be asking an adult they know, but with over 80 students in our middle school program there is always a need for adult participation and support. This is one way we at Trinity can make a difference in the generations to come as its rooted in the scriptural past, church history and lives changed.

## CHILDREN & FAMILY MINISTRY TRINITY KIDS, CLUB 45, MOPS

Julie Vagle, Children & Family Director | JulieV@TrinityLongLake.org

Club45 is a ministry for 4th and 5th grade kids to grow in faith and relationship with one another. This is the second program year of this new ministry and the kids have loved this monthly gathering. Some of the things we do at Club45 are devotions, games, activities/crafts, a Bible lesson and fellowship with friends. One of my favorite nights at Club45 was about the topic of kindness focused around Ephesians 4:32, *“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”* Our activity was an affirmation circle where each kid was given the opportunity to sit in the middle of the circle and 2-3 kids said things they liked or appreciated about them. The things kids said about each other was profound, kind, thoughtful, and really meaningful. We all felt lifted and affirmed and it was a powerful exercise.



**Elsie Jacobson** | 5th Grade

*“There are a lot of reasons! I like Club45 because of all the fun activities that we do together every month, and it brings us closer to God.*

*I really like it when we do outdoor activities, especially the campfires.”*

**Amy Jacobson** | Mom

*“Elsie once told me that church feels like her second home. I love that she feels so welcome at Trinity and always wants to be there. Club45 is just another great way you have been able to engage the kids of Trinity.”*

**Hope Hess** | 4th Grade

*“My favorite activity was making ornaments at our Christmas party and learning more about Jesus.”*

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*Good and gracious God, because I am most often concerned about myself than others, during these 40 days of Lent, remind me of your deep desire for me to trust in you alone. Open my ears that I may hear and obey your command to love, and reveal what you are calling me to see and to do. As I turn myself back toward you, hear my cries of repentance and help me remember that through Jesus' death on the cross, I am forgiven for the many ways I veer away from you. Each new day, increasingly soften my hardened heart through the undying love you have for me and for the world. In Jesus' name. Amen.*

## TRINITY LONG LAKE NEWSLETTER / SPRING EDITION 2023



Let's get social!  
@trinitylonglake

**RECENT MINISTRY EVENTS:** MS Friday Night Live, Trinitarians Bingo, Preschool Chapel Time, Trinity Women Wellness Retreat

**952.473.8577**  
**TrinityLongLake.org**