



 Trinity  
Lutheran  
LONG LAKE

**Summer  
NIGHTS**

*It's not really about what we do,  
it's about who we do those things with.*



SUMMER CALENDAR  
2023

Watch Tuesday & Saturday  
emails and [TrinityLongLake.org](http://TrinityLongLake.org)  
for details.

Worship with Us!

Sundays 9am  
Learn what's to come on page 4

VBS | June 12-15, 9-12pm

Trinity HS Mission Days  
June 17, July 22 and/or August 12  
Text MISSION to learn more.

# Summer NIGHTS

Wednesdays 5-7pm  
FREE themed block party every week!

June 14 | **Kickoff Night**  
Red's Savoy Pizza Truck & games

June 21 | **Variety Show**

June 28 | **Car Show**

July 5 | **Bingo Night**

July 12 | **BBQ & Blues**

July 19 | **Wild Water**

July 26 | **Game Night**

August 2 | **Creative Arts**

August 9 | **Night of Music**

August 16 | **Fair & Farmer's Market**

## NEWSLETTER TEAM

### EDITORIAL

Jeri Miller  
[Jerilyn@TrinityLongLake.org](mailto:Jerilyn@TrinityLongLake.org)

### ART DIRECTION

Cari Bullemer  
[CariB@TrinityLongLake.org](mailto:CariB@TrinityLongLake.org)



[TrinityLongLake.org](http://TrinityLongLake.org)  
952.473.8577

## MUSIC MINISTRIES SUMMER OPPORTUNITIES

Mark Hemingway, Director of Worship & Music | [MarkH@TrinityLongLake.org](mailto:MarkH@TrinityLongLake.org)

While the larger music ensembles are finished for the season and taking a well-deserved rest, there are still numerous opportunities for people to share their musical gifts at Trinity. Please check out the possibilities and speak with Mark if you would like to add your love of music to our worship this summer. Mark is always available to assist with finding music, learning music, and accompanying.

### SUNDAY WORSHIP SPECIAL MUSIC

Summertime worship is the opportunity to feature solos and small group talent in our congregation during our regular Sunday Worship. A schedule is posted on the music room door if you want to reserve a date. Vocalists, instrumentalist, children, adults, families, all are welcome and encouraged!

### SUMMER NIGHTS VARIETY SHOW

Trinity will be hosting the 3rd Annual Variety Show on Wednesday, June 22. We need a nice variety of acts: solos, small groups, skits, jugglers, magicians, comedians, the sky is the limit. There will be a *Walking Taco* dinner at 5pm, followed by an hour of entertainment and social gathering. Everything is free! Please gather a group and share a song. All family-friendly acts are welcome!!

### WOMENS and MENS CHORUS

This is a great way to try out the choir experience. We will have 2-3 Sundays this summer when men and women will gather to prepare a selection for worship. Be on the look-out for those dates, stop in after worship for a couple minutes and learn the song for the coming weeks.

COMMUNITY • FOOD • FUN

# Summer NIGHTS

WEDNESDAYS @ TRINITY

OUTDOORS | JUNE 14 THRU AUGUST 16 | 5-7pm



MORE DETAILS  
ON FLYER  
OR ONLINE

## Summer Nights is back!

This year the events are led by volunteers and they've been planning details for a couple of months. Check out our **Kickoff, June 14th** featuring **Vacation Bible Schoolers singing, games and Red's Savoy Pizza food truck**. Great food, weekly themes and just being together makes summer Wednesdays special. New this year too, **Summer Nights Merch!** Look in our weekly email for links so you can help serve a night or two. Most of all come and invite your neighbors. *Can't wait to see you at Trinity!*



# Summertime Rhythm



*Adam Paul*  
Pastor Adam



Every year of my life growing up, summer meant freedom. I remember walking out the doors of school on the last day of the year, from kindergarten all the way to my last day at Luther Seminary and feeling the endless possibility of what awaited. Strapping on the rollerblades for a little neighborhood street hockey. Hopping on a bike to meander the trails, picking up friends along the way as we cruised by their houses. Weekend trips to the cabin and weeks at the many camps I grew to love. Summer was a break from the schedules and routines of “normal” life for another way of being.

I still feel that way as the grass turns green, the temperatures begin to rise, the rhythm of the year shifts, and our activities begin to spill outside. It’s different now, though. I don’t get a “summer break” in the same way. I haven’t played street hockey in years. It’s more difficult sometimes to find that freeing feeling that used to wash over me in such a refreshing wave.

As I reflect on all that made those summers so enchanting, **it was less what I was doing, but more who I was doing them with.** I could shoot a puck at a net for hours still, but seeing if my friend Sam wanted to play in his cul-de-sac or mine was always better. Bikes became cars as we got older, and I love a quiet drive by myself, but summer evening cruises with Jordan and Pablo

were some of the greatest nights of my life. Nowhere I go is quite as good as if I can enjoy it with the friends and family I love.

Whatever summer looks like for you, whatever possibilities await and whatever feelings come with it, I’d bet the same is true for you. Rhythms and activities change year to year, but the feeling of sharing what you do with others never ceases to be the most lifegiving part of our existence.

At Trinity, we have a lot going on this summer – VBS, camps, service opportunities, Summer Nights, and so much more. It’s not really about what we do, though, it’s about who we do those things with. We know summer is a time when we may see less of you. We hope not, but we know just like you the feeling summer brings. It’s different, and that’s okay. Just know that this community is what it is because of you. All that happens, and any goodness it brings to our lives, is because of each of us doing it together.

So, save the dates for *Summer Nights*. Pick a Sunday or three (or fourteen) to worship with us. Gather your small group for a boat ride or a night at the park. If you want to play street hockey in the church parking lot, I’m in. As we head into the summer, no matter what awaits us, let’s make sure we do this together. And may God bless and keep your going out and you’re coming in, now and forever. Amen!

**Interested in Trinity?** Text **INTEREST** to Trinity 952.473.8577 to learn more and sign up.

A **New Member Orientation** will be held, **Sunday, July 16** after 9am Worship. Food and refreshments will be served as you meet with Pastors Adam and Ann. They will provide more information about Trinity and answer your questions.

# TRINITY LONG LAKE CAPITAL APPEAL

Pastor Adam Butler | AdamB@TrinityLongLake.org  
Jeri Miller, Congregational Life | Jerilyn@TrinityLongLake.org

## Feasibility/Implementation Study for a Comprehensive Campaign

Just this past year, we celebrated 90 years as a congregation, and we look forward to where God is calling Trinity in the decade to come. Taking what we have already learned through the visioning process before Pastor Adam was called, a comprehensive campaign (stewardship, capital, and legacy gift planning) will financially strengthen our mission and ministry for what's ahead.

As we plan for this, a feasibility/implementation study is helping to provide information for the best way to carry out the campaign, by listening to and receiving feedback from a cross-section of Trinity members. The church council has contracted with **Steve Olson of Olson Advancement** (OlsonAdvancement.com) to conduct this study. Steve is an ELCA pastor who served congregations in Washington State and Minnesota. Since 2000, he has worked with congregations on stewardship, capital, and gift planning, as well as serving in Development & University Relations for Pacific Lutheran University, Tacoma, WA.



A key element of the study is **interviews with a cross-section of the congregation** to receive feedback on Trinity Lutheran Church and a campaign for stewardship, mortgage debt elimination, building care, and legacy gift planning. The confidential interviews were 30-45 minutes in length and took place May 31 -June 8. Thanks to those who have participated. A summary report will be provided and available to all.

### Summer Worship at Trinity

This summer season Trinity will be exploring several different topics as we move away from the Revised Common Lectionary, and are developing three month-long worship series. This will allow us to dig deeper during worship into topics more relevant to our daily lives and see how God's Word and message of grace can impact our lives, community, and the world. Keep a look out for ways we work to bring these messages alive each week and challenge our worshippers to take that lesson out into "real life".

#### June 4-25 | *Expressions of Faith*

How can our daily encounters show Christ to all we meet?

#### July 2-30 | *Church Speak*

Confirmation has a *Tough Questions Night*. Now it's everyone's turn to ask those questions that confuse us. What are the words, customs, statements, and traditions of the church that we don't fully understand? Now is the time to develop a clearer understanding of Christianity, Theology, and what it means to be Lutheran. A conversation

board will be set-up for you to share your thoughts/suggestions/wondering.

#### August 6-27 | *Why That Book?*

We will explore the lesser known books of the Bible, and discover what lessons we can gain from God's Word.

#### Sept 3 | *Joyful Noise Sunday*

Close out the summer with a *Hymn Sing*, along with some history behind our favorite hymns!

**We will continue the 9:00 Sunday Morning worship schedule with streaming throughout the summer.**

# TRINITY FOUNDATION

Jason Folkerts, Director of Faith Formation | JasonF@TrinityLongLake.org

Years ago, the **Trinity Foundation** developed a vision to create an enduring legacy for raising up, developing, and supporting youth and young adults to be Christian leaders within the church and in their communities. This year we had a record 26 young adults who applied and received financial support. With a series of questions, the applicants shared their heart and concerns for where Christian leadership can make an impact in the world around them. Many students and young leaders in the past have appreciated the help

the Foundation provides, especially with the growing cost of tuition and other expenses to further education and leadership opportunities.

**Scholarships range from \$500 to \$2,000.** The Trinity Foundation Scholarships are allocated through a selection and evaluation process. The Trinity Foundation Board makes the final determination of the number of awards and award amounts based on the quality of applications received. Applicants are notified in June of their awarded amount. Please keep the

26 young leaders in your prayers and get involved with the Foundation if you feel God's leading you to do so. Contact Jason Folkerts if you would like more information.

## FOUNDATION BOARD MEMBERS:

Mark Ihrke, Mary Soderstrom, Carol Narum, Gavin Tempero, Ruth Bash, Karen Van Buren, Pastor Adam Butler, and Jason Folkerts

## Did you know that there are many ways you can help sustain the mission & ministry of Trinity through the Foundation?

- **Cash:** gifts of any size, at any time, are always welcome
- **Memorials:** honor the legacy of your loved one through the gift of education
- **Thrivent Choice Dollars:** allocate your Thrivent Choice dollars
- **Bequests and wills:** the use of bequests and wills is one of the most significant ways
- **Securities and real estate:** tax laws recognize the value of, and encourage financial support for, institutions like the Foundation
- **Other giving options:** tax laws recognize the value of, and encourage financial support for, institutions like Foundation, through methods such as Life Estate Contracts, Deferred Gift Annuities, Life Insurance, Charitable Remainders and Living Trusts



Bless  
THE  
Years

May 7th was a day filled with celebration, conversation and joyful worship as Trinity honored our 80-year-old and older members.

*Bless The Years* is the annual celebration of these loved and valued members of Trinity's congregation. This year we were thrilled to be able to **honor 99 members** during worship and with a special reception after worship in the Narthex. Pastor Ann lifted up by name the **12 members who are 90+ years old**, many of whom were present and still very active at Trinity. For 25 years Trinity has set aside this special day in the spring to gather together our young and old to celebrate with worship, cake, photos, flowers and lots of hugs.

*"The longer I live,  
the more beautiful  
life becomes."*

- FRANK LLOYD WRIGHT



# “You never know when an introduction can turn into a treasured friendship.”

## How did you meet?

**JULIE** – Wow! Little did Shirley and I know in 2008 how our friendship would develop and grow as a result of our beautiful children, Ryan and Martha, falling in love! Steve and I still lived on the farm in Luverne, MN when we were invited up to the Cities to meet Martha’s family and be part of the wedding planning activities. We enjoyed a welcoming meal in their home and felt at ease from the start. Venue looking, bridal showers, wedding and then later births of Finn and Liv, baptisms, and birthday celebrations brought us all together more frequently. These were happy and fun occasions!

**SHIRLEY** – I first met Julie and Steve in 2008 when my daughter Martha became engaged to their oldest son Ryan. Our kids were shopping for a wedding venue and asked both sets of parents to accompany them as they visited a couple of sites. At the time, we were living in Bloomington and the Toftelands were in

Luverne; we had many miles between us.

The months prior to Ryan and Martha’s July 2009 brought Julie and I together for various activities, including a bridal shower in Phoenix where we both happened to have family. We were brought together again for the births of the two grandchildren we share, birthday celebrations, another wedding, a trip or two to their family farm, etc. Those years were the start of the beautiful friendship and bond we share now. We have a lot in common with our, Norwegian ancestry and strong Lutheran faith.

## When was Ryan diagnosed?

**JULIE** – Then came that fateful day August 3, 2016 when we got the call from Ryan and Martha. After a summer of tests, Ryan was diagnosed with ALS, a terminal disease. How could this be? This wasn’t how their life with two young children was to unfold! There were many prayers said and tears shed. At the beginning of this journey, Ryan and Martha set an example

for us all on how to move forward. They were going to do what they could to fight this terrible disease and live each day to its fullest. Their courage touched us all.

**SHIRLEY** – In August of 2016, my beloved son-in-law was diagnosed with ALS. It was devastating. We collectively put everything aside to focus on making the lives of Ryan, Martha and their children as easy and happy as possible, knowing ALS is a terminal disease. Finn was 4 ½ years old and Liv 1 ½. Everyone, including extended family pulled together. I moved in with the family in June 2017 to primarily help with childcare as Ryan’s needs increased over time. In the beginning Steve and Julie traveled up from Luverne quite often, eventually renting a unit in nearby Orono Woods. Ryan’s siblings also made adjustments to be closer.

## Describe that time in your life what happened, how did you cope?

**JULIE** – Through this journey our families

became even tighter knit and a deep friendship was forged. Fortunately, Shirley was able to move in with Ryan and Martha to help take care of Finn and Liv. Steve and I got an apartment nearby at Orono Woods so we could help where needed. Everyone tried to maintain a resemblance of normal... family meals, bedtime stories, games, campouts at Baker Park, ALS Walks, and special occasions celebrated. And there were days we didn't cope as well. Through adversity we discovered the true meaning of how important one's faith, family and friends are to helping one cope. We are forever grateful for all the support we received!

**SHIRLEY** – Julie occasionally took my place in the house so I could get away for my own reprieve. A trip to Mayo, where Ryan received his ALS care and participated in a clinical trial, required Ryan and Martha to be away overnight. Julie would come into town to assist with the kids.

### **Did your relationship change and if so, how?**

**JULIE** – Through the many months ahead Shirley, Steve, and I focused on the care and support of our children and grandchildren. We all got to know each other quite well. We shared similar values, family cultural traditions, and appreciation for each other. How many friendships can bond over their love of lutefisk and fried liver and onions!?

**SHIRLEY** – By then, Julie was almost living in the house too. During the day Julie would help Martha with Ryan's needs, and I would chauffeur the kids around. At night we'd clean the kitchen together and then she'd be off to handle bedtime. I would sometimes leave so Julie

could have some time alone with the family.

### **And then you lost, Ryan. How did you support each other?**

**JULIE** – After a 4-year battle with ALS, Ryan went to his heavenly home on February 28, 2020 surrounded by his family. Ryan's Celebration of Life service was beautiful. We were also comforted by



the outpouring of love from family and friends from all over. Our faith in a loving God and a promise of someday uniting with our loved ones brought a sense of peace. Somehow, we would get through this. Before we had time to pick up the pieces of our heartbroken lives, Covid hit, and the world stopped. It was a challenging time to mourn. Much of it is a blur in my mind. Once again, we were fortunate to have Shirley living with Martha, Finn, and Liv to help. We did have some family pizza parties by a firepit dressed in snow gear, holidays celebrated in garages, and who can forget the Zoom times.

**SHIRLEY** – The days following his passing are more of a blur for me. Martha spent a great deal of time planning the funeral; I received and kept track of the meals and flowers that were dropped off; Julie and

Steve assisted out of town family as we all focused on Finn and Liv. My faith and the friendship I have with Steve and Julie became a source of strength while I continued to support Martha, Finn and Liv.

### **How would you describe your relationship now and is there a lesson to be learned from your journey?**

**JULIE** – Fast forward to today. In 2021 Steve and I decided to retire in Orono since our other three children and their families also live in the Cities area. Shirley moved into our apartment at Orono Woods and we moved into a larger apartment. We joined Trinity and you'll often see the three of us sitting together at church. Now Shirley and I have time to nurture our friendship by enjoying walks and conversations; sharing a glass of wine on the deck; playing a competitive game of cards

with Steve; attending Trinity Women events; and sharing excitement on our upcoming Trinity trip to the Holy Land! Who would have predicted the path our special friendship would take?

Shirley and I and our families have experienced some of the joys and sorrows of life together. You just never know when an introduction to someone can turn into a treasured friendship! Thank a dear friend today! Thank you, Shirley!

**SHIRLEY** – One might say that the friendship we share was a gift Ryan and Martha gave to us. They were dealing with one of the most difficult situations a young family could face and still, they welcomed their mothers into the home daily. We, in turn, did not bring any conflict, only more abundant love.

## CHILDREN & FAMILY MINISTRY

# FAMILY FUN NIGHT, VBS, MOPS

Julie Vagle, Children & Family Director | JulieV@TrinityLongLake.org  
Stacy Thoma, Early Childhood Coordinator | StacyT@TrinityLongLake.org

**Trinity Kids Family Fun Night** | We had a wonderful Family Fun Night with 82 people. Families enjoyed a night at church connecting with each other. Kids played on inflatables, and with yard games, did crafts, and we all busted a move at a very fun silent disco. At the end of the night parents appreciated a chance to connect with other adults at church while kids played, and kids asked when the next silent disco party would be. We look forward to planning more events for families in the future and loved spending an evening with church friends playing, dancing, and being together.

**VBS** | We are looking forward to a Stellar week of VBS June 12-15th. Kids will be learning about how to shine Jesus' light with an out of this world space theme. Please keep the kids, youth, and adults in your prayers for a wonderful and faith-filled week. If you are able to help in any way contact Julie or Stacy.



**MOPS** | We have a very faithful mom's group that meets during the school year twice a month. Moms connect around topics relevant to parenting, friendship, and relationships. We do activities, crafts, enjoy conversations around our kids and families as well as the theme of the day. Kids have a great time in the nursery with Stacy and Melissa. We are planning Moms-Night-Out events this summer, let Julie know if you would like to connect with other moms this summer or in the fall.

## MIDDLE SCHOOL MINISTRY

# CONFIRMATION CLOSING

Jason Folkerts, Director of Faith Formation | JasonF@TrinityLongLake.org



Confirmation 2022-23 wrapped up with a **night of blessings**. After worshipping with song leader Ben Richter, Pastor Adam was able to share the value we place on blessings within and to others at church. Students were then able to come forward and have a Huddle Leader pray over them – this is the second time this year that the students have participated in a blessing opportunity in Confirmation, and it is always a highlight for them. As one

student shared afterward, *“Whenever we have a chance to pray for each other – I appreciate it.”*

With a bit of a twist, we then surprised our 22 Small Group Huddle Leaders by having them come forward and students gathered around their specific leaders and prayed for them. It had an impact on many there, even a few tears were shared among leaders and students.

To close out the evening all the Confirmation students and leaders headed to the Great Hall for ice cream and some open gym time. The evening overall impacted many and it was a great way to send our students on their way for summer and encourage our 8th Graders as they now head into High School.

Looking back over the entirety of the Confirmation year – there were so many amazing moments and opportunities. The attendance was up by 20 over the previous year and we believe it will grow again heading into September. Our weekly attendance was stronger than ever, indicating students value this time on Wednesdays.

We are so grateful for our volunteer adult leaders and we always could use more to lead our Huddle Groups, please let Jason know if you can help next year.





By Lisa Choiniere,  
Preschool Teacher

Critical to a well-rounded literacy program for preschoolers, is the ability to identify the letters of the alphabet. Table-time practice and learning the alphabet song are great, but at Trinity Preschool we also want our students to be excited by the alphabet. It's their ticket to a lifetime of reading, writing and communicating.

Monday afternoons at Trinity Preschool, our youngest students are off to **Alphabet Adventures**. We step up our "letter of the week" game by reading, singing and dancing our way through the letters. The class works together to create a gigantic letter masterpiece to hang on our wall. Check out our artsy alphabet in Room 110.



'B' is for button

We sure do love those letters. Learning and loving the alphabet is an adventure!

Contact Kelly to set up a tour and learn about Trinity Preschool and all its enrichment opportunities.  
[ FOR CHILDREN 33 MONTHS TO PREK ]

## TRINITARIANS

Ron Schulte | 763.473.9633 or ronaldasch@msn.com



Million Dollar Quartet

Chanhassen Dinner Theater



### UPCOMING EVENTS

**Sunday, June 18**  
Old Log Theatre  
**Million Dollar Quartet**

**Thursday, July 20**  
Ives Sidekick Theatre  
**Summer Dance Party**

**Wednesday, August 23**  
Chanhassen Theater  
**Jersey Boys**

The Trinitarians group **WELCOMES ALL ADULTS.**

Details and sign up can be found at the Sign Up Center, or contact Ron Schulte.

## TRINITY WOMEN

Cari Bullemer, Womens Ministry Liaison  
CariB@TrinityLongLake.org



Trinity Women has a lot coming up, so save the date for the following activities...

**Thursday, June 15** | Ruth Bash's home

**Read It & Eat Book Club**

Stay tuned for an additional summer book club event.

**Tuesday, August 8** | Carol Narum's

**TW Happy Hour**

**Saturday, Sept 9** | Bricks to Bread

**TW Serve: Bricks to Bread**

**Thursday, Sept 21** | Trinity

**TW Fall Kickoff**

featuring Rachel Kurtz and dinner



Read It & Eat pre-pandemic

Upcoming weekly emails, bulletins and the website will provide further details and sign-up information.

# OUTREACH MINISTRY WAYS TO SERVE

Jill Cornell, Shared Ministries Director | JillC@TrinityLongLake.org

## spring serve weekend

It's back after a long hiatus. The Outreach Team felt like it was time and we're excited with the May results.



## 115 people helped do 205 hours of work!

Including assisting at *Interfaith Outreach*, *Can Do Canines*, *Feed My Starving Children*, *Highway Cleanup*, *Food Distribution* in Camden Minneapolis, *playing bingo* and *doing yard clean up* at Trinity. *Thank you for stepping up to serve – together.*



## *A Place to Call Home*

**What is a home?** A home is a safe haven and place of refuge. In the physical sense, it is a dwelling where we live. It can be a house, an apartment or could be a tent, boat or trailer. In the spiritual sense, a home is also where you feel you belong. There is an emotional connection and a sense of belonging. We all long and want a "place to call home".

For some people, this place of home where a family or individual has lived for a while, may no longer be an option due to rising costs- not only of housing, but food prices, utilities and other items that are "essentials" for daily living. In May, we had a **SHIFT** with LaDonna Hoy (**Outreach Development Corporation**), Wendy Geving (**IOCP**), and Martha Van de Ven (community member), share the work of these two organizations partnering together in helping to provide unique and impactful housing with a service model that links families and individuals with the life, resources, and opportunities of our community. **A new task force is being formed at Trinity to see how we can be involved in helping to support people in our own local community.** If you would like to learn more or be involved, contact Jill.

## CARING MINISTRY

Pastor Ann | AnnF@TrinityLongLake.org

*Thank you for responding to our Caring Ministry Survey in March.* Your responses included 32 NEW FOLKS who will participate in this growing ministry. **New volunteers will deliver** meals to families who would like the monthly community meals. **More chefs will be preparing** freezer meals kept at Trinity for delivery. **More crafters will be making** prayer shawls and beads. You will see **new faces helping** on Sunday mornings, too. Sometimes it's hard to know where to start volunteering because any of the ways that you can help at Trinity exist through programs and ministries outside of the specific *Caring Ministry*. This survey allowed us to bring in so many more people to support existing programs. We will be having a *quarterly caring social*, which will allow us to discuss what is going on at Trinity with an emphasis on caring and how people can get involved.

If you would like to participate in the quarterly caring socials, please send a note to Pastor Ann.

## Salem Lutheran Church

A year ago, we began a new partnership with Salem Lutheran Church in North Minneapolis. During this past year, we have supported each other in a variety of ways. Praying for each other, helping at community meals, being part of a **Summer Nights** event, helping at Salem's State Fair booth, the Christmas Store, Swedish Egg Coffee and Meatballs at the **AGAPE Gift Market**, and recently from Lenten and Baby Shower donations.

Rachel Carmichael,  
Salem Outreach Director:

*"Wow! What a year of fullness it has been for both of our churches. The thoughtfulness and intentionality that Trinity continues to show is not unnoticed. We look forward to growing with y'all!"*

Coming up this summer will be more opportunities for learning and growing together! We hope you will be part of one of these times to be in a relationship with each other. Watch for details through the bulletin and weekly emails.

- **June 6 & 20** | help sew new aprons for Salem's State Fair booth
- **June 11** | Pastor Eric will preach at Trinity and Pastor Adam will preach at Salem. Plus, a **SHIFT** to get to know Salem and Pastor Eric.
- **July 12** | *Summer Nights*  
Salem's Blues Grass Band will be sharing music for *BBQ & Blues Night*
- **August 1** | help with the *Community Meal at Salem*
- **Aug 24 – Sept 4** | help at Salem's State Fair booth (and possibly a few dates before with prep)



# AGAPE

gift market

Our **AGM** team is busy creating and working on this year's plans for the market in November. We are always in need of help (**sewers, woodworkers, or project kits prepared for you**). Contact Jill if you can help.

**Vendor Application** available now for Trinity members and will be open to the public July 1st.

**AGM is currently collecting donations** (please drop off at the Sign Up Center)

### FOR REPURPOSING:

- large plastic pots (18" min height & width)
- license plates
- rhinestone jewelry/broches
- Spiritwear sweatshirts
- LED pillar candles
- fabric - fleece, flannel, heavy canvas (neutral colors), cotton Christmas fabric
- yarn (any kind)
- Pendleton/plaid heavy blanket/jacket (can have holes)
- quart jars with lids/rings
- hardwood scraps

### FOR RESALE:

- books (current titles)
- puzzles and games
- Christmas sweaters
- purses/handbags

### ADDITIONAL WAYS TO SERVE

June 17 & July 15  
**Simpson Shelter Lunch**

July 6 & August 3  
**Interfaith Outreach**

Trinity's monthly serve in the food shelf



## MEAL MINISTRY

Stacey Royal | [SRoyal@PhatMinds.com](mailto:SRoyal@PhatMinds.com)  
Jill Cornell | [JillC@TrinityLongLake.org](mailto:JillC@TrinityLongLake.org)

### What is for dinner tonight?

Sometimes the answer to that question is more challenging due to various circumstances. The **Meal Ministry** at Trinity consists of volunteers who cook, bake and make freezer ready meals. When the pastors or outreach team learn about a member who needs help, we have access to help. You can help with this ministry by donating food, helping to bake, or donating money to purchase food. Contact Jill for more info.



**All are welcome, 5:30-6:30pm**

Join us for an upcoming meal or sign up to help when Trinity is hosting in July.

- June 22 | Hosted by & served at Calvin Presbyterian
- July 27 | Hosted by Trinity, served at Dexter Park\*
- Aug 24 | Hosted by St. George, served at Dexter Park\*

\*in case of rain, served at host church location

Upcoming weekly emails and bulletins will provide further details and sign-up information or contact Jill.

Trinity Lutheran Church  
2060 Cty Rd 6, Long Lake MN 55356

TrinityLongLake.org  
952.473.8577

Great Friendship  
Story Inside!

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Long Lake, MN

Loving God, Creator, we thank you for the gift of summertime,  
the days of light and warmth.

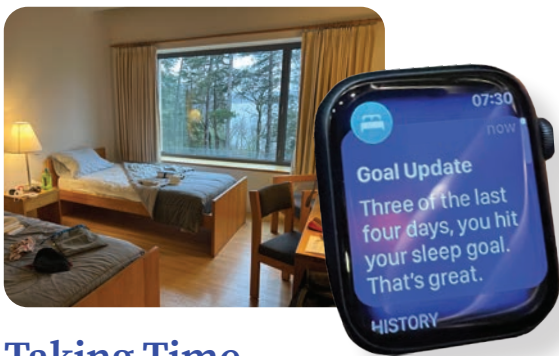
Thank you for the beauty that surrounds us everywhere we look:  
the multi-colored flowers, the deep blue of the sky, the tranquil  
surface of lakes, the laughter of children at play, people strolling  
in parks, families gathered around picnic tables and the more  
time to spend with family and friends.

We ask that you give us the gift of openness to community and all  
that dwell within. May the words of our mouths and the medita-  
tions of our minds keep you at the center of our lives.

Let all the gifts we enjoy this summer deepen our awareness of  
your love so that we may share this with others and enjoy a sum-  
mertime of re-creation. AMEN

**WELCOME NEW COUNCIL MEMBERS:** Cami Dahlstrom,  
Todd Hollands and Carl Enzenauer. They join Adam Holmes,  
Carol Narum, Christy Morse, Dick Wulff, Gavin Tempero,  
John Thiesse and Jennifer Weiss. Pastors Adam & Ann  
and Elisabeth Teichroew also serve on our Council.

## TRINITY LONG LAKE NEWSLETTER / Summer Edition 2023



### Taking Time to be in God's Presence

The verse from Psalm 46, “*Be still and know that I am God,*” kept creeping into my mind as, on a rainy day in late April, I drove north to **Saint John's Abbey** in Collegeville, on the grounds of St. John's University. I'd heard how accommodating the Abbey Guesthouse was and booked myself for a three-night, self-directed **SILENT RETREAT**. There was no in-room TV or radio—though Wi-Fi was available—with meals served in the small cafeteria. I had gone on silent retreats before and because it always takes a few days to wind down, I wasn't surprised that it

*wasn't until my second full day that I could finally focus on reading and praying.*

*I brought a book and my Lutheran Study Bible; I read through several epistles, taking time with the introductory material written before each letter, which refreshed my memory about when and why and to whom they were written.*

*I also saw a Spiritual Director, one of the Fathers, who reminded me about self-care and encouraged me to get some rest while there. The path through the woods by the lake was beautiful and serene, which presented more opportunities to be still in God's presence. After my three nights at the guesthouse, I headed back home, refreshed, calm, and energized, wishing I'd stayed a fourth night. Perhaps next year!*

*Not only is our need for rest important when it comes to self-care, our spiritual lives need tending, too. As you take time this summer to rest, take a few moments each day to pray, ask for help, give thanks, or be still—and to remember that God loves and treasures you, and is always present.*

-Pastor Ann



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for You*



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