

trinity long lake newsletter | spring edition 2025

#### spring calendar 2025

watch for tuesday/saturday emails and visit our website for details

worship together

wednesdays

dinner 5-6pm

ash wednesday worship | march 5 ash imposition 11:30am (lunch to follow) 6:30pm (dinner preceding)

**lenten wednesday worship** | 6:30pm march 12 – april 9 *holden evening prayer* 

**no wednesday worship & dinner** april 16

**regular wednesday worship** | 6pm april 23 – may 7

#### sundays | 9am



holy week

palm sunday april 13, 9am

**maundy thursday** april 17 worship 11:30am, *holy communion* worship 6:30pm, *first communion* 

**good friday** april 18 worship 6:30pm, *seven last words* 

**easter sunday** april 20 festival worship 9 & 10:30am



TrinityLongLake.org 952.473.8577

# transform our lives

In Acts, Jesus sends us the Holy Spirit, who, as a member of the Trinity, plays a crucial role in our lives of faith by guiding, comforting, empowering, and transforming us. In Romans 12, the Apostle Paul writes: "Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect." If we never read any more than this one verse from Romans or had no additional information about the person and role of the Holy Spirit, we would think that the transformation Paul is writing about is something WE are expected to accomplish on our own.

Thank God we can't! Because we are not the ones in control of our faith; we do not have the ability to transform ourselves when it comes to our spiritual lives. Martin Luther, in his explanation to the Third Article of the Apostles' Creed ("I believe in the Holy Spirit...") breaks it down for us: "I believe that by my own understanding or strength I *cannot* believe in Jesus Christ my Lord or come to him." Our faith is not something we produce; it is entirely a gift from the Holy Spirit. It is the Spirit who empowers us to turn away from relying on ourselves, and turns us back toward God, where Jesus is at the center of our faith. Transformation through the Holy Spirit happens as we seek to deepen our relationship with God "by the renewing of our minds," such as when we worship, pray, and study (alone and in fellowship with others). Through the work of the Spirit, our faith is enlivened, and we are transformed, becoming more like Christ with each new day. For this we give thanks!



#### prayer:

Guide me and change me, Holy Spirit. Soften my heart where it has grown hard. Help me to see with love and to act with compassion. Transform me and work in and through me each day to grow my faith. Empower me to be more like Jesus. Amen.

trinity membership

Pastor Ann Pastor Ann

> **new member recognition & welcome brunch** sunday, march 16

### want to become a member?

LEARN MORE & REGISTER SCAN CODE, TEXT JOIN OR CALL 952.473.8577

# what *He* sees in us



Pastor Adam

Recently, I downloaded and paid for an app for my phone that promised it would help me reduce my screen time. I've tried different things in the past, but this was the most extreme measure I've taken. I set schedules for workdays and weekends to block the apps that distract me the most. If I want to take a break or leave early, it makes me wait a few seconds to think about my choice. If I try to access something while the restrictions are on, it playfully makes me feel a little bit bad for trying to distract myself. In theory, it's a great system for breaking my phone addiction.

In practice, though, it hasn't really delivered on the promise to transform my life. I find ways around it. The guilt has worn off. I make excuses. Truthfully, it's me who hasn't delivered on the promise to transform my life, or this part of it at least.

A lot of people, books, apps and all sorts of other things promise they can transform pieces of our lives, if not the whole thing. We are constantly bombarded with ways that we can be made into better versions of ourselves if we just follow *this* plan for "total transformation." And I think some of it works. Heck, I bet my screen time app works for a lot of people and probably could for me.

If I'm being honest with myself, though, my issues with how much I use my phone go a lot deeper than just habits I could break. *Why* do I reach for the computer in my pocket every time I have a moment that isn't occupied? What am I trying to find in there?

I wonder if when we take these things up on their promises to deliver transformation to our lives, we're actually trying to reclaim a part of us we've lost, or even further, trying to find ourselves and who we are once again. I don't only want my time or focus or health back, I want *me* back, as well. And that takes soul work more than it takes a five-point plan.

We find this transformation in Jesus, and it's more than fixing bad habits or modifying behavior. We look to Jesus to help us find ourselves once again, to see in ourselves what He sees in us.

Because something happens within us when we believe that we are loved, that we are known, that we belong, that our lives have meaning and purpose, that we are worthy. When I believe these things I'm better to myself and the people around me. I find peace amidst the chaos. I believe there's hope beyond despair, and life beyond death. That's the kind of transformation I want for my life, for your life, and for all the world.

Okay, now – do I cancel the app or my entire phone plan? Jesus, help!

### lenten worship

Mark Hemingway, Worship Director MarkH@TrinityLongLake.org March 5, Ash Wednesday marks the beginning of our Lenten Worship as we journey to Holy Week and an Easter Celebration. This season in the church has a history of presenting a time of greater inner reflection, and personal faith than most of the liturgical church calendar. In the spirit we will use the theme of *Transform Our Lives* to guide our worship planning, readings, and messages throughout Lent. I would encourage everyone to take time, whether it be in Sunday, or Wednesday Worship, or during in your own time, and earnestly review your personal faith, the highs, the lows, the struggles and successes, and find way which your faith can be transformed into a more active reflection of Christ's gift of salvation in the world.



# a season of hope



This year's Lenten Project will support Lutheran World Relief (LWR), an organization that has been serving those in need for 80 years. Our donations will help create Personal Care Kits for families suffering from crises such as war, violence, extreme

weather, and natural disasters, including the flooding in North Carolina and wildfires in California. These kits allow us to share God's love and create a Season of Hope for our neighbors around the world.

# The Goal: 1,000 PERSONAL **CARE KITS**

Each kit contains bars of soap, a bath towel, a toothbrush, a comb, and nail clippers. These essential items are bundled in the towel and distributed to individuals and families in need.



**FIND PROJECT** DETAILS & LINKS ON OUR WEBSITE







#### SHIFT - sunday, march 2

Learn more about LWR and ways to share God's love.



#### donate financially

Kits cost \$5-\$8. Donate by March 15 so we may assess additional needs.



#### donate items off amazon wish list

Orders should be placed online by March 15 to arrive by April 2.



#### assembly day - sunday, april 6

Join us in the Great Hall to assemble the kits and learn about LWR's impact.

Matching funds may be available at your workplace, so please consider checking with your employer.

# Together, we can provide hope across the globe!





### outreach ministry

Jill Cornell, Shared Ministries Director | JillC@TrinityLongLake.org

Trinity's Outreach Ministry provides numerous opportunities to serve:

- In the Neighborhood (Community Meal, IOCP, WeCan, Woodlands Group Home)
- In the City (Simpson Shelter, Salem Lutheran Church, Habitat for Humanity)
- In the World (Lutheran Church of El Salvador, Bricks to Bread, Water Mission, LWR)
- And through the AGAPE Gift Market

**Trinity's Outreach Ministry Team** meets monthly helping to shape this ministry for Trinity. Feel free to reach out to any of the members with questions or ideas: Melanie DeLuca, Susie Eastman, Cassie Enzenauer, Sarah Hrusovsky, Kirk Nelson, Jerry Paulson, Chuck Ritchie, Susan Vickerman, and Jill Cornell.

To stay updated, check the weekly bulletin, emails, or visit the Outreach page online.



# **TWO SHELTERS**

Funded by proceeds from the **2024 AGAPE Gift Market**, these two shelters serve different communities but share the mission of feeding people in body and spirit.

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in..." -MATTHEW 25:35-40

#### LOCAL simpson shelter minneapolis, mn

Over 40 years ago, **Simpson United Methodist Church** opened an emergency overnight shelter. Today, Simpson Shelter provides 24/7 care to 66 men and women guests. The shelter has temporarily moved to **Zion Lutheran Church** while a modern facility is built. The new space will house 72 guests and include 42 supportive homes, a health clinic, and green space. **Trinity has long supported Simpson Shelter through monthly meals, Giving Tree** and the **AGAPE Gift Market.** Volunteers prepare hearty meals and make sandwiches for guests each month.



**Jerry Paulson** leads our monthly meal service, typically held on the 2nd or 3rd Saturday. If you'd like to help, contact Jerry or Jill, scan code, text SIMPSON, or see the Sign-Up Center.





"In my home, we have a carving of Christ knocking at the door. When I help at Simpson, I feel I am answering that knock." -Ben Benson

"I enjoy volunteering at Simpson for two reasons, connecting and meeting members from Trinity and I also enjoy connecting with the guests at the shelter." –Jill Kunze

# GLOBAL casa esperanza (hope house) san salvador

**Casa Esperanza**, or "Hope House," is a ministry of the **Lutheran Church in El Salvador**, led by Pastora Emely Chevez, who is also one of the leaders of the **Seeds of Hope** sponsorship program. Pastora Emely travels six hours daily via public transportation, exemplifying dedication to serving the most vulnerable.



Located in one of the poorest areas of San Salvador, Hope House provides shelter, meals, showers, laundry facilities, pastoral support, vocational training, and temporary housing for those in crisis.

The shelter is open Monday-Thursday, 8am-2pm, and provides services 90 men, women, and children with 18 of these individuals who live there. In past years during our summer trips to El Salvador, this is a place our group would spend the morning with guests.

Through Trinity's 2024 AGAPE Gift Market, we provided **\$1,500—enough to support Hope House for a full month**.

# pop-up events

#### game & gather | march 23, 10:15-11am

Bring your favorite board game, card game, or puzzle and enjoy a morning of fun, fellowship, and refreshments in the Fellowship Hall. Open to all ages for a family-friendly good time!



#### mia's art in bloom | april 26

Join Camille Pearson Walz and others for a morning at the **Minneapolis Institute of Art's** *Art in Bloom.* Free and open to everyone, Art in Bloom showcases imaginative floral interpretations of selected works of art from Mia's permanent collection, created by more than 100 individual and commercial florists. Experience the floral beauty and fragrance throughout the museum with new and old friends from Trinity. More details to come mid-March.

# trinity women

Cari Bullemer, *Womens Ministry Liaison* CariB@TrinityLongLake.org

A big thank you to all the women who shared their feedback at the TW Round Table & Social last month! We're working on adding more flexible activities that fit different schedules while creating more opportunities to connect and socialize. Here are some exciting events coming up—we hope you can join us!

#### women's walk | march 16, 1pm



Meet for a refreshing walk through the **Wood-Rill Scientific Natural Area** in Wayzata! This 141-acre gem in the 700-year-old Big Woods was gifted by the Dayton family for all to enjoy.

A favorite of Cari Bullemer, she'll

lead the 2.7 mile hike (weather permitting), with shorter route options available. Come for the beauty, fellowship, and fresh air—can't wait to walk with you.

#### sip & shop | april 10, 6-8pm

Enjoy **happy hour** and shopping together at **Art-to-Heart** in Hamel. Proceeds support Bricks to Bread.

#### tw spring fiesta | may 6, 6-8pm

**Save the date** for our **annual spring gathering**. We will gather together for dinner and fun!

# trinitarians

Ron Schulte | ronaldasch@msn.com, 763.473.9633

The Trinitarians gather during the day for social events, service projects and helpful informational sessions. All adults are welcome. Details and sign-ups can be found at the SignUp Center, or contact Ron.



#### On the Road Again: Three Decades of Classic Country Music

thursday, march 20 11:30am lunch, 1pm show sidekick theatre, \$51 due march 6



#### *Perfect Wedding* A Riotous Comedy and Touching Love Story

thursday, april 24 11:30am lunch, 1pm show sidekick theatre, \$51



#### 37 Postcards

thursday, may 15 12:15pm lunch 1:15pm show

daytrippers dinner theatre @ plymouth playhouse, \$54





#### upcoming shift: **spiritual direction** march 16, 10:15am

A conversation with Trinity member, **Allison Rykken**, and other professionals in spiritual direction about how to deepen our personal connection with God through the seasons of life using the guidance of a trained spiritual director. Come and learn about this age-old practice of Christian faith and how it could benefit your life. We recently hosted a valuable workshop, *A Lifetime Gift*, as part of our **SHIFT Special Series**: *Legacy*. Led by **Shelly Halverson**, a Certified Celebrant, the hour-long session offered essential insights into preparing for the future.

Shelly highlighted a common issue—many of us keep important personal information to ourselves. When we pass, loved ones may struggle to access crucial accounts, including financials, emails, and social media. Even practical details, like where the house key is, what our pets eat, or who is listed on a car or home title, can become major challenges.

Drawing from her extensive experience as an executor and through personal loss, Shelly compiled a comprehensive binder to help organize these details. Each participant received a binder and walked away with new knowledge and tools to plan ahead.

Given the positive response, we are open to offering this workshop again. If you're interested, please let us know we'd love to provide this valuable resource to more people! Drop an email to Jerilyn@TrinityLongLake.org.

### agape workshops

Jill Cornell, Shared Ministries Director JillC@TrinityLongLake.org

#### march 16, 10:15am

The AGAPE team has loved hosting workshops and crafting with others! If you're curious about our process and want to create your own take-home piece, join us in the Art Room after Sunday worship.

This time, we'll be making a beautiful **mosaic tree ornament**—come for the fun and creativity!







### empty nesters

Andrea Henneman | AHenneman@mchsi.com

Empty Nesters is a collection of people in the same stage of life coming together to socialize, support each other and enjoy good conversations. We're planning to meet quarterly. **Our next get together is in June**. Hope to see you there.



# children, youth & family

Julie Vagle, Director of Faith Formation + Children & Family | JulieV@TrinityLongLake.org Kiana Temanson, Youth Ministry Coordinator | KianaT@TrinityLongLake.org Stacy Thoma, Early Childhood Coordinator | StacyT@TrinityLongLake.org





#### What's a fun fact about you that might surprise us?

I can Speak Norwegian! I attended Skogfjorden, the Norwegian Village of Concordia Language Villages for six summers earning my Circle of Peace Medal. At Concordia College, I continued learning Norwegian and earned a minor in Norwegian.

# **Q&A with Kiana Temanson**

#### What drew you to this field, and how did you get started?

I was drawn to youth ministry because growing up, church felt like my second home. I was there multiple times a week, and my grandparents played a huge role in bringing me. My connection to the church deepened through experiences like VBS, Bible camp, which led to becoming a camp counselor, and going on Youth Gatherings and Mission Trips. As I got older, I felt a calling to give back to my home church by helping with the youth, and it naturally grew into a full-time job. It was a way for me to share the faith and experiences that shaped me with the next generation of kids.

#### If you could travel anywhere, where would you go and why?

With over 27 countries visited, from the fjords of Norway to the beaches of Mexico, the Alps of Switzerland, and the hillsides of the Aran Islands, I've seen so much of the world. But I don't know where my next adventure will take me—Adventure is Out There! There's always something new and exciting to discover, and I'm open to wherever that journey leads.

#### Tell us about your dog, Oslo.

Oslo is a mini Goldendoodle with a name inspired by my Norwegian heritage—*how cool is that?* It's lovely that his May 15th birthday falls on Syttende Mai, Norway's Constitution Day. Being almost two, he is full of energy and personality!

#### prayer pillows

On February 2nd, our Trinity Kids four-year-olds and their families gathered to talk about prayer. Each child chose their own prayer pillow, received a book of prayers



and they talked about different ways they could pray.

Together, middle & high school youth packed:

134 boxes 28,944 meals Feeding 79 kids for a year!

### Have you heard about HISS?

**The Huge Interchurch Service & Social** is a joint event that brings youth from various churches in the metro area together for a mid-winter night. The event emerged after the pandemic from a huge lock-in of 15 churches at the Maple Grove Community Center to now a night of *service and social*.

On February 21, middle school youth from Trinity joined up with Lord of Life (Maple Grove) & Christ Lutheran (Blaine) youth to serve our neighbors and have a whole lot of fun. Together the 140 students, led by High School leaders, packed meals for *Feed My Starving Children*, then headed to *Urban Air* for some fun.

#### vacation bible school – true north adventure awaits!

Join us on a wild Alaskan adventure where northern lights shine over the mountains and glaciers. Kids ages 3 (by June 1) through 4th grade (completed). We will learn how Jesus is a faithful friend we can trust. **Registration now open**.

VBS is only possible with **amazing volunteers**. There are so many ways to help—whether it's leading activities, assisting with crafts, or supporting behind the scenes. Join us in making this an unforgettable week!

#### wapo family camp | july 25-27

Looking for a fun family getaway filled with faith, fellowship, and adventure? Family Camp at Wapo is the perfect opportunity to connect and enjoy:

- » tie-dye & crafts
- » evening campfires & songs
- » beach time & outdoor fun
- » family faith time
- » games & activities for all ages



From babies to teenagers (and adults, too!)—everyone is welcome! Gather with your church family and make lasting memories together at Camp Wapo!

#### cyf fundraiser - save the date & support our youth!

**Spaghetti Dinner & Silent Auction, Sunday, April 13 | 4:30-6:30pm** Join us for a delicious dinner and exciting silent auction in support of our youth attending **Camp Wapo** and **Sky Ranch** this summer!

#### How You Can Help:

- Attend! Purchase a ticket and enjoy an evening of great food, fellowship, and fun bidding.
- **Donate an auction item!** Theme baskets, event tickets, gift cards, and unique experiences are always a hit! Drop off donations at the office.
- Pray! Lift up our youth as they prepare for their summer camp experiences.

Your generosity makes a lasting impact, helping our young people grow in faith and community. We can't wait to see you there!

#### Why do our high school youth keep coming back?

Every week, our high school youth gather for fun, faith, and friendship. Here's what keeps them coming back:

"Playing fun games. Learning about the Bible in new ways." – Carter Radintz, 10th grader

- *"Hanging out and worship."* – Tiegan Swanson, 10th grader
- "*To be with my friends.*" – Emma Hollands, 10th grader

"It's fun when you are with friends that you don't always hang out with at school." – Lucy Bullemer, 9th grader











# thrivent

#### thrivent action teams

Are you a Thrivent Member? You may qualify for two Thrivent Action Teams annually, providing \$250 in seed money for service projects.

Past projects include:

- Snack bags for the Orono Sparks mentoring program
- Braided breads for the AGAPE Gift Market
- Blessings Bags for those in need
- Worship Concert
- Vacation Bible School supplies

To use your Thrivent Action Team for a project, contact Jill Cornell @ JillC@TrinityLongLake.org. Learn more at Thrivent.com.



#### big hearts, busy hands!

On February 23rd, our TK preschoolers put their kindness into action by packing **130 snack bags for the Orono Sparks program!** They had a blast decorating the bags and filling them with juice boxes, applesauce, crackers, granola bars, and fruit snacks—all with love.

These little helpers worked so hard and did an amazing job! We are so proud of their generosity and teamwork. Way to go, TK friends!

# trinity preschool

Kelly Govrik, Preschool Director | Preschool@TrinityLongLake.org

Trinity Preschool is now welcoming new families for the 2025-2026 school year! Our warm and nurturing school is licensed by the Minnesota Department of Human Services and offers a joyful learning experience for children ages 33 months–PreK. The classes offered include:

- (2) three-year-old classes Mon/Wed or Tues/Thurs
- (1) four-year-old class Mon-Thurs
- (2) PreK classes Mon-Thurs

All classes run from 9:15am to 11:45am, with the option to extend the fun! Our **Lunch Bunch & Extended Care** program is available before class (8-9am) and after class (11:45am–3:30pm) for extra play and learning time.

We follow the Orono academic calendar, with breaks and holidays aligned for your convenience. The school year kicks off right after Labor Day in September and wraps up with a heartwarming year-end program on May 22.

We'd love to welcome your family into our Trinity Preschool community!



SCAN FOR A SNEAK PEEK AND SET UP A TOUR!

### committee lay leadership update



We are pleased to announce the upcoming leadership transitions within our church's Council and Foundation Board, effective this April.

#### council leadership

#### **President Transition:**

We extend our heartfelt gratitude to **Christy Morse** for her dedicated service as Council President. Stepping into this role is **Gavin Tempero**, who brings a wealth of experience and a passion for our community's growth. Council members serving alongside Gavin are:

- Carl Enzenauer
- Todd Hollands
- Jennifer Weiss
- Tammy Swenson
- Mark Ihrke
- Mary Johnson
- Sonja Benson
- John Thiesse

#### foundation board appointments

We warmly welcome **Kirk Nelson** and **Ellen Schmitt** to the Foundation Board. Their commitment and vision will undoubtedly enrich our mission. They will be joining:

- Ruth Bash
- Emma Koltes
- Mike Tulkki
- Karen Van Buren

We are grateful for the dedication of all our leaders and look forward to the continued growth and vitality of our church community under their guidance!

# council president

I was elected to our Church Council in the spring of 2021 and have now served on the council for two terms holding the role of President this past year. As my time on council is coming to an end, I think about these recent years and how our church family has experienced some unique challenges. My husband Terry and I have been members of Trinity for the last 45 years and have seen many changes in our church - leadership, church building, and within our faith community. The recent experience of COVID was unique and not easy for anyone. The isolation was difficult and challenged each of us in different ways. Perhaps for you it was a time of questioning, one of contemplation or one of growth in your faith. Whatever your personal experience was, God was with you.

Now at the beginning of another new year, we can take time to listen to God's word and reflect on how we, as Christians, are asked to live our lives. No doubt there are new challenges as well as new opportunities coming our way. We have returned to the blessings of an in-person and vibrant faith community and may now use this time to refocus on our personal faith practices and deepen our relationship with our God.

Changes in leadership are important for all organizations as they bring fresh perspectives to both new and old challenges. During my time serving on the church council, I appreciated the support of the council members, our pastoral leaders, and the congregation. I value the opportunities I have had to work on various leadership teams over the years and look forward to continuing to engage with our Trinity church family.

Christy Morse, Council President trinity lutheran church 2060 cty rd 6, long lake mn 55356 Non-Profit Org. U.S. Postage PAID Permit No. 4 Long Lake, MN



#### holy week

palm sunday | april 13, 9am
maundy thursday | april 17
11:30am & 6:30pm
good friday | april 18, 6:30pm
easter sunday | april 20
9am & 10:30am

#### trinity long lake newsletter | spring edition 2025



Trinity Preschool Special Person Night, Empty Nesters, HS Youth collecting for Souper Bowl of Caring, Confirmation Parent/Student Night, Hanging in the Narthex, Bingo! TrinityLongLake.org main/text-to 952.473.8577